



Orchard View
APARTMENTS

INDEPENDENT LIVING WITH CARE



MONTHLY NEWSLETTER
AUGUST

V. 157

2025



Follow United Mennonite Home on Facebook for updates, photos and reels!

@ *United Mennonite Home*

You can also visit us at www.umh.ca & click on Orchard View

+ Follow

Tech Support

Hosted by the
**Lincoln Pelham
Public Library**

Bring your device and get
support on site for FREE.

**Friday, Aug 15th
@ 9:30am**

**In the OVA
Auditorium**

Bring your
device if
you'd like!



More Information At
jgrabell@umh.ca or Ext. #2504

Thank you to Orchard View
Tenant, Murray Vader who
showcased his bird
photography and knowledge
last month!



Thank you to Foodland in Vineland
for sponsoring our
monthly birthday treats!

FOODLAND

**All OVA Tenants are invited to join us
for the Monthly Birthday Party!**

**Wednesday, August 20th
@ 2:00pm in the Aud**



Walter Haefele
August 3, 1932

Elfrieda Weier
August 5, 1946

John Berg
August 9, 1931

Joyce Groff
August 10, 1934

Pat Thompson
August 11, 1939

**Sharron
Hildebrandt**
August 16, 1943

Henry Braul
August 17, 1941

Bill Warkentin
August 22, 1930

Peter Klassen
August 26, 1931

Thank you to everyone from Orchard View Apartments, Twenty Valley Terrace and Vineland Park Estates who attended our Ice Cream Social!



You're Invited To

Senior to Senior Bullying Seminar

Presented by: **Alzheimer Society**

Thursday
14 August 2025

Starting at
10:30-11:30am

Orchard View
Auditorium

RSVP:



jgrabell@umh.ca
Ext. # 2504

PASTA NIGHT FUNDRAISER

WEDNESDAY, AUGUST 13TH

@5:00PM

**-IN THE TERRACE HALL (NEW AUDITORIUM)
AT TWENTY VALLEY TERRACE**

OPEN TO TENANTS ACROSS CAMPUS +2 GUESTS.
\$25/PP INCLUDES PASTA, SALAD, DESSERT + BEVERAGES
PROFITS GOING BACK TO OVA, TVT, VPE FUTURE PROGRAMS/EVENTS

RSVP TO JGRABELL@UMH.CA
OR CALL EXT. #2504
VOLUNTEERS ALSO NEEDED!

 **Twenty Valley
TERRACE**
INDEPENDENT SENIORS LIVING


Worship:
Services:
Every Tuesday @ 2:00pm


Bible Study: Every
Thursday @2:00pm
-in the OVA Aud





Nordic Pole Walking!



**WEDNESDAYS**
Aug 6, 13, 20 & 27, 2025

**TIME**
9:30 -10:30 AM

**WHERE**
Meet in the Terrace Hall Lobby Area



Overview of Workshop:

- LEARN TO SIZE YOUR POLES
- CHOOSE THE CORRECT TECHNIQUE FOR YOU
- BUILD YOUR CONFIDENCE

Instructor
Skye Schwieg
Registered Kinesiologist,
VON SMART

Please RSVP!
Ext # 2504 or jgrabell@umh.ca

Victorian Order of Nurses for Hamilton Niagara Haldimand Brant | Charitable Number: 129 482 493 RR0001

Poles provided or bring your own!

BASEBALL ON THE BIG SCREEN!

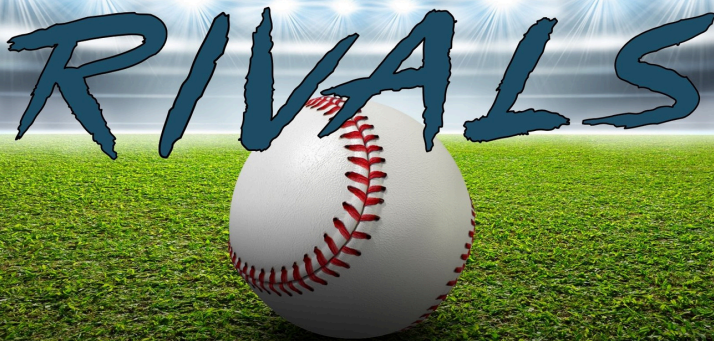


VS
MONDAY,
AUGUST 25TH

@7:00PM

ORCHARD VIEW AUDITORIUM

**DROP-INS
WELCOME**



\$2 HOT DOGS/ SOFT DRINKS WILL BE AVAILABLE.
JERSEY'S ENCOURAGED!

Exercises-

Every Monday @3:30pm

Every Friday @ 1:00pm



Chair Yoga Continues:
Every Tuesday at 10:30am in the
Terrace Hall

**We are looking to add Thursday
mornings in October due to the
great turnout each week!**



Do you have a new activity idea, or suggestion?
Contact Jessica: jgrabell@umh.ca or call ext. #2504

Bus Trip to St. Jacob's Market!

Thank you to everyone who joined us for our outing to St. Jacob's Market. It was a wonderful day!

Here are just a few photos I was able to take while there.

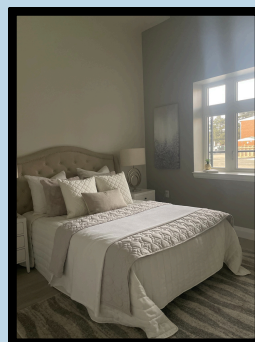


Guest Room

The Orchard View Guest Room has now closed.

Accommodations are available at the new Twenty Valley Terrace.

Please direct bookings to Stephanie at ext 2501 or orchardview@umh.ca





WE HAVE GREAT NEWS! We have partnered with Viewpoint Vision Care and will be having a clinic here at UMH!

At a date to be determined, we will be hosting an eye clinic. There is a fee for the clinic that will be taken from your loved ones trust account with consent. They will have frames on site and will assist with lens consultations as well as fittings and measurements. Eye exams will be completed upon request, and referrals can be made as appropriate based on each individual assessment.

Grand River Boat Cruise

Update:

The Grand River Boat Cruise Outing tentatively scheduled for September 9th will be postponed until next June/July!

This is due to bus unavailability!

We will keep everyone updated on a future date, and there are currently plans in the works for various outings this fall/winter!

If you are interested in receiving updates regarding upcoming Viewpoint clinics on our campus, please contact Jessica @ jgrabell@umh.ca or Ext. #2504

There is a fee of \$100 per Tenant that is not covered by OHIP for the mobile service.

FREE HEARING ASSESSMENT CLINIC

Friday 19th September, 2025 - 11 AM- 4 PM

United Mennonite Home For the Aged

In the Harvest Room At Orchard View Apartment

OVA, TVT and VPE Tenants Registration:

Contact Jessica Grabell

jgrabell@umh.ca

or X#2504

📞 647 686 5354

📞 437 422 2786

✉️ INFO@EARSOLUTIONS.CA



Our Services

- Free Hearing Tests
- Free Hearing Aid Trial
- Hearing Aid Fittings
- Free In-Home Visits (Evening and Weekends)
- Tubing - \$10 plus parts
- Wax Removal upon appointment- \$50
- Hearing Aids Batteries (40) - \$20
- Hearing Aid Cleaning & Adjustments - \$50





Peach Jam

Made With Love

We will be canning Peach Jam!

Join us on
Wednesday, August 27th
@ 1:00pm
in the Terrace Hall

\$15 per participant
*-includes a light snack, 1 pint jar
of jam to bring home.*

*Any extras will be saved for our
Christmas Market in November!*



**If you would like to help out by
providing treats and prepare coffee
any Friday mornings for this program,
please contact Jessica!**

"Helping Hands"

Calling all Ladies from across campus!

Join us for fun and relaxing Friday
mornings in the Harvest Room at OVA.
Bring your creative projects, or just
yourself for some tea and
conversation!

EVERY FRIDAY | 10AM - 11:30AM
STARTING JULY 11TH

For more information please contact Jessica at
jgrabell@umh.ca or Ext #2504.

Drop-ins welcome.

We look forward to seeing you there!

Volunteering across campus:

UMH Volunteers, contact: Pamela at volunteer@umh.ca
or 905-562-3711 EXT. 5008

OVA Volunteers, contact Jessica at jgrabell@umh.ca
or 905-562-3711 Ext. 2504



OR Sign up here:



Stephanie Easton
Manager,
Supportive Housing
X2501
orcahrdview@umh.ca



Jenna Smith
Assistant Manager,
Supportive Housing
X2503
orchardview2@umh.ca



Staff Contacts

Jessica Grabell
Programs and Community
Engagement Coordinator
X2504
jgrabell@umh.ca



Main Office # (905) 562-1458 Ext. 2502
If tenants wish to call another apartment,
dial 2 then the apartment number.



Hair Salon

COLLEEN & MARION

SALON HOURS

WEDNESDAY & THURSDAY 9AM-CLOSE

WOMENS HAIRCUT	\$23
HAIRCUT & BLOW DRY/SET	\$40
SHAMPOO & BLOW DRY/SET	\$23
MEN'S HAIRCUT	\$18
PERM	\$65
COLOUR	\$60
COLOUR & CUT	\$65
HIGHLIGHTS	TBD
HAIR & SCALP TREATMENT	TBD

(905) 562-7385 EXT 5011

SALON LOCATED ACROSS FORM THE CHAPEL

